



Job Title:	Occupational Therapist, PPMB Program
Facility:	Canadian Mental Health Association
Reports To:	Manager of Employment Services
Bargaining Unit:	Exempt
Wage:	\$35.98/hr
Classification:	Temporary Full Time (36 hours per week) <i>Approximately 1 year term to cover leave</i>

Mental health begins where you live, learn, work and play. Together, we can make a difference

ORGANIZATION OVERVIEW

The Canadian Mental Health Association (CMHA) Vernon & District Branch, which is a part of a provincial and national organization, is a non-profit organization focused on the promotion of mental wellness in the community of Vernon and surrounding areas in the North Okanagan. We believe in empowering individuals, groups, and communities in self determination to enhance their mental health. CMHA facilitates access to the resources people require to improve mental health and community integration, build resilience and support recovery from mental illness through building capacity, influencing public policy, providing services and supports and developing resources. We are committed to providing an environment that is free from prejudice, discrimination, and harassment. We strive to reflect the entire community in our volunteers and staff and promote equal access to the services we provide.

JOB SUMMARY

The Occupational Therapist will work within an interdisciplinary team including a Job Developer and Vocational Therapist to provide evidence-based interventions to people receiving income assistance who have the designation Persons with Persistent and Multiple Barriers (PPMB). Working within the context of a client centered care approach and the vision and values of CMHA, the Occupational Therapist plans, develops and implements psychosocial rehabilitation assessment and intervention to clients referred to the program. The Occupational Therapist collaborates with family members and significant others, inter-disciplinary team members, educational resources and other health care professionals to achieve excellence in health services and education.

DUTIES AND RESPONSIBILITIES

- Assess clients' functional abilities/disabilities, goals, interests, needs, safety and environmental supports and resources by using recognized and specialized formal and informal occupational therapy, psychiatric rehabilitation, and/or physical assessments
- Develop a plan to meet the identified client needs in partnership with the client, caregivers, family, employers and health care providers
- Provide education and counseling to clients, families, and employers regarding the functional and rehabilitation issues of clients in the areas of personal life, leisure, education and work, and provide information and guidance to other caregivers and health providers
- Act as a group leader/co-leader in the provision of groups to meet the rehabilitation and psycho-educational needs of clients in the areas of personal life, leisure, education and work
- Collaborate with interdisciplinary staff, health care professionals, employers and clients, families, caregivers, and other community resources in the identification and resolution of client, family, caregiver care, employer issues, revision or termination of services, cultural and language barriers, ethical dilemmas, and coordination and integration of care, and make referrals to other services providers as appropriate

- May act as case manager for a small number of rehab-ready clients
- Maintain records in accordance with established procedures and policies and prepares/maintain statistical data, correspondence reports and other documentation as required
- Participate in in-services, inter-disciplinary case conferences, committees, rehabilitation team meetings, and research activities as required by CMHA, and collegially share information, demonstrate and/or provide guidance on clinical/health related tasks and reassign clinical/health related tasks if necessary
- Represent the program and CMHA on local and regional committees and program planning and standards committees and participate in research activities as required
- Maintain standards of practice and develop professional competence through in-service and other educational means as required by CMHA
- Provide ongoing commitment to client services, program evaluation and continuous improvement to ensure best practice client services and that services are provided in most effective way

General

- Attend regular staff meetings, committee meetings and others as required
- Submit regular activity reports, timesheets, expense forms, etc. as required
- Reinforce and model work-related behaviour and interpersonal skills
- Represent the CMHA Vernon & District in a professional manner
- Provide cover for other program staff as appropriate and required
- Complete First Aid, Non-Violent Crisis Intervention Training, Culture Sensitivity Training and Suicide Awareness Training or any other training as deemed appropriate by the employer
- Other related duties as appropriate and required

QUALIFICATIONS**Education, Training & Experience**

- Master's degree in occupational therapy from a recognized program and one-year satisfactory experience in a psychiatric and/or substance use setting working with adults
- Current full registration with the College of Occupational Therapists of British Columbia (COTBC). Eligible for membership in the Canadian Association of Occupational Therapists (CAOT)
- Considerable understanding of occupational therapy principles and techniques
- Demonstrated understanding of psychosocial rehabilitation (PSR) principles and techniques, preferably using the Recovery Centred Clinical System
- Working knowledge of community health agencies and available services. Considerable understanding of vocational/educational assessment procedures together with a comprehensive knowledge of community resources and social services
- Successful completion of the Indigenous Cultural Safety training program is an asset
- Personal experience with mental health illness, either through self or a loved one, is an asset in this position
- Current First Aid/CPR certification

Knowledge, Skills & Abilities

- Demonstrated abilities in facilitation, mediation, and conflict resolution techniques, and demonstrated analytical and problem-solving skills
- Demonstrated ability to plan, implement, evaluate and modify rehabilitation programs and services
- Ability to plan, deliver, and evaluate therapeutic programs
- Ability to stimulate clients' interest, assess results of programs and work effectively on an individual or group basis
- Ability to work with a culturally diverse population
- Ability and commitment to work well with administration support and clerical staff are essential
- Intermediate computer skills in Word, Excel, Outlook, outcome measurement and client relations management software
- Demonstrated group work skills

- Demonstrated ability to independently plan, organize and prioritize workload and adapt to a changing caseload
- Demonstrated ability to conduct functional and specialized OT assessments
- Working knowledge of psychiatric disorders
- Demonstrated ability to work as a member of a multidisciplinary team
- Demonstrated ability to communicate effectively, both verbally and in writing
- Proven ability to defuse difficult and complex situations
- Proven ability to respond therapeutically to clients by telephone
- Ability to carry out the physical demands of the job
- Strong relationship building skills, including the ability to work collaboratively with diverse communities in a way that is culturally safe, and trauma informed
- Valid Class 5 BC Drivers Licence and use of a reliable personal vehicle during shifts

CMHA Vernon is committed to building an inclusive workplace and community and seeks candidates who share our commitment to equity, diversity, and inclusion.

Please send your resume to careers@cmhavernon.ca